

VOLUNTEERS SERVE OUR VETERANS

Teenage volunteers, called VolunTeens, follow in the footsteps of senior Auxiliary members by donating thousands of hours in service to our veterans. This special gift of time given by young people is one that ill or homebound veterans would normally have no opportunity to receive. From reading books to playing board games to writing letters to just spending time talking, VolunTeens provide veterans with a meaningful connection to today's young America.



JUNIOR PROFILE

If you are female, 17 years of age or younger and love your country, imagine attending a regional or national meeting focused on Junior Activities with a hundred girls who could become your lifelong friends! Junior members volunteer with other girls in their age group in many engaging activities:

- ★ learning about American flag etiquette
- ★ participating in parades and patriotic observances
- ★ helping with food drives, special Auxiliary veterans programs, projects for military families and their children, and days of service
- ★ distributing poppies on Memorial Day and/or Veterans Day



- ★ volunteering at Veterans Affairs Medical Centers (VAMCs)
- ★ making and distributing holiday cards for veterans
- ★ mentoring students of military families by helping to ease their transition into a new school

The American Legion Auxiliary encourages young women to lead the way in continuing its legacy of serving veterans, active-duty military and their families.

For more information on Junior Activities, visit us at www.ALAforVeterans.org, or contact your local American Legion Auxiliary unit at:



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American Legion Auxiliary

**Joining a Legacy of Service
with Lifelong Friends**

Junior Activities



**In the Spirit of Service Not Self for
Veterans, God and Country**



American Legion Auxiliary



LEGACY OF SERVICE

From World War I to today, committed, caring women have served America's veterans through the American Legion Auxiliary. Headquartered in Indianapolis, it is the largest women's patriotic service organization in the world and boasts a membership of nearly 800,000. With a presence in nearly 9,500 communities, its mission is to support The American Legion and honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad, including volunteering nearly 1 million hours annually in VA Medical Centers—indeed, a proud legacy of service.

ALA GIRLS STATE/GIRLS NATION

Each summer, approximately 20,000 high school juniors across the country learn what it's like to live and breathe government. As a Girls State "citizen," young women run for office to fill city and state positions in their own miniature city, county and state governments. It is a fast-paced, interactive week of campaigning, debating current issues, voting, meeting state political figures, and just having fun with other girls who share a common interest.



From each ALA Girls State program, two delegates earn the right to participate in ALA Girls Nation in Washington, D.C. During that week, the "senators" learn about government on a national level, tour our nation's capital and meet leaders in various branches of government.

Both programs provide a week of living together with all the privileges, rights and responsibilities of American citizenship—one that is remembered for a lifetime. In fact, a number of United States senators, representatives and other leaders of today developed an interest in government as a result of their involvement with ALA Girls State/Girls Nation.



SPIRIT OF YOUTH

Believing that education is a building block for freedom, the American Legion Auxiliary actively supports students who want to attend college. Since 1983, the Spirit of Youth and other Auxiliary programs have provided Junior Auxiliary members nearly \$1 million in scholarships. Helping young women determine their prospective career paths is an important component of ensuring their future success.

JUNIORS' PATCH PROGRAM

Junior members of the American Legion Auxiliary may earn both physical and electronic patches for prescribed activities in Americanism, Community Service, Education, Field Service, Leadership, Membership, National Security, Physical Fitness, Poppy, Technology and Veterans Affairs & Rehabilitation. Participating in the Patch Program is a terrific way to be involved in learning about the Auxiliary, volunteering in the community and serving our country's veterans. For more information, visit www.ALForVeterans.org.

POPPIES

Mention "poppies," and most people think of veterans. The poppy of Flanders Fields became the memorial flower of the American Legion Auxiliary in 1921. Since then, a red crepe paper poppy has symbolized the sacrifice veterans made for us all. Around Memorial Day and Veterans Day, Auxiliary volunteers of all ages across the country distribute millions of poppies in exchange for donations to assist disabled and hospitalized veterans in their local communities.

